

Marshland Year 10 Tutor Time Plan – 2024 - 2025

Week commencing	Monday	Tuesday	Wednesday	Thursday	Friday			
Colour key	Knowledge Organisers	Literacy	Safeguarding	Careers	Character education			
	Assembly	Numeracy Month	Other	Well-being	Revision			
2 Sept	Training day	Training day	Year 10 not in	Timetables etc	What is C&C			
9 Sept	Literacy	Assembly	Literacy	Literacy	Literacy			
16 Sept	Literacy	Assembly	Literacy	Literacy	Literacy			
23 Sept	Literacy	Assembly	Literacy	Literacy	Literacy			
30 Sept	Literacy	Assembly	Literacy	Literacy	Literacy			
7 Oct	Literacy	Assembly	Literacy	Literacy	Literacy			
14 Oct	Literacy	Assembly	Literacy	Literacy	Safeguarding			
21 Oct	Literacy	Assembly	Literacy	Literacy	Training day			
Half term								
4 Nov	Literacy	Assembly	Literacy	Literacy	Literacy			
11 Nov	Literacy	Assembly	Literacy	Literacy	Literacy			
18 Nov	Literacy	Assembly	SLD	Literacy	Literacy			
25 Nov	Literacy	Assembly	Literacy	Literacy	Literacy			
2 Dec	Literacy	Assembly	Literacy	Literacy	Safeguarding			
9 Dec	Literacy	Assembly	Literacy	World of work intro Why do work experience?	Applying for work experience or a job. CVs and cover letters			
16 Dec	Maximising Your Potential Part 1 What mistakes are on CVs?	Assembly	Maximising Your Potential Pt 2 How to write a CV	CVs - Do's and Don't's What should a CV include?	LMI What does LMI stand for?			
Xmas								
6 Jan	Training day	Assembly – Work experience CW	ICT Room – CV/ cover letter	Unifrog 1 How to navigate	Unifrog 1 How to navigate	ICT Room – CV/ cover letter	Unifrog 2 How to navigate	ICT Room – CV/ cover letter

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13 Jan	ICT Room – CV/ cover letter	Unifrog 2 How to navigate	Assembly	ICT Room – CV/ cover letter	Cover letters – part 1 What is a cover letter? How to write	Cover letters – part 1 What is a cover letter? How to write	ICT Room – CV/ cover letter	Cover letters part 2 What is a cover letter? How to write	ICT Room – CV/ cover letter
20 Jan	ICT Room – CV/ cover letter	Cover letters part 2 What is a cover letter? How to write	Assembly	ICT Room – CV/ cover letter	The basics of interviews Tips and structure of an interview	The basics of interviews Tips and structure of an interview	ICT Room – CV/ cover letter	Working in... Creative Sectors Why work in the industry? Which industries are creative	ICT Room – CV/ cover letter
27 Jan	ICT Room – CV/ cover letter	Working in... Creative Sectors Why work in the industry? Which industries are creative	Assembly	ICT Room – CV/ cover letter	Exploring Volunteering What is volunteering and why it is important?	Exploring Volunteering What is volunteering and why it is important?	ICT Room – CV/ cover letter	Safeguarding	
3 Feb	Volunteering: Rights & Remuneration Explore your rights while volunteering for an organisation		Assembly	Volunteering: How to Find Volunteering Placements Develop better awareness of the different ways of finding volunteer placements.		Volunteering: How to Contact Organisations Develop confidence in contacting organisations for volunteering placements			
10 Feb	Work Experience - How to behave in the workplace Understand appropriate behaviour in the workplace		Assembly	Interview Skills 1 Understand how to formulate strong answers to person and position specific questions.		Interview Skills 2 How to formulate strong answers to person and position specific questions.		World of Work: Professional Networking Importance of professional networking and how it can support your career	

Half term

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24 Feb	ICT Room – CV/ cover letter Post-16 intentions Why planning is important, and chance to record Post-16 intentions	Assembly	ICT Room – CV/ cover letter Introduction to Apprenticeships in England / Wales Understand what apprenticeships are Identify different sectors you can apply for	Post-16 intentions Why planning is important, and chance to record their Post-16 intentions ICT Room – CV/ cover letter	Introduction to Apprenticeships in England and Wales Understand what apprenticeships are Identify different sectors you can apply for ICT Room – CV/ cover letter
3 Mar	Rights of apprentices Understand employment rights in relation to apprenticeships.	Assembly	Degree Apprenticeships - The right choice for you? Part 1 Understand more about degree apprenticeship pathways and start to research possibly opportunities.	Degree Apprenticeships - The right choice for you? - 2 Understand more about degree apprenticeship pathways and start to research possibly opportunities.	University - The big debate! Develop an understanding of the pros and cons of going to University
10 Mar	University vs apprenticeships - The big debate week 1 Understand the pathways you can take after leaving school and how to make well-informed decisions	Assembly	University vs apprenticeships - The big debate week 2 Understand the pathways you can take after leaving school and how to make well-informed decisions	Introduction to my mind 1 Identify the types of things that affect our mind Understand the positive and negative effects of our minds	Safeguarding
17 Mar	Introduction to my mind 2 Know the essential daily activities which contribute to having a healthy mind	Assembly	Healthy Body, Healthy Mind Part one 1 Identify what good physical health and mental wellbeing is Understand the links between a healthy body and a healthy mind	Healthy Body, Healthy Mind Part one 2 Explore top tips to keep your physical and mental health in check	Healthy Body, Healthy Mind Part two 1 Understand the '5 ways of wellbeing' and how they can build your resilience
24 Mar	Assembly	Impact week			

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31 Mar	Revision	Assembly	Revision	Revision	Revision
Easter					
21 April			Revision	Revision	Revision
28 April Assessments	Revision	Assembly	Revision	Revision	Revision
5 May	Bank holiday	Assembly	Numeracy Month	Numeracy Month	Numeracy Month
12 May	Numeracy Month	Assembly	Numeracy Month	Numeracy Month	Safeguarding
19 May	Numeracy Month	Assembly	Numeracy Month	Numeracy Month	Numeracy Month
Half Term					
2 June	Numeracy Month	Assembly	Numeracy Month	Numeracy Month	Numeracy Month
9 June	Sports day teams	Assembly	Healthy Body, Healthy Mind Part two 2 Plan strategies to keep your mind and body healthy	Mind-set assessment 1 Evaluate your own mindset and create a mindset profile	Mind-set assessment 2 Understand what your mindset profile group means
16 June	Mind training part one 1 Understand growth & fixed mindset	Assembly	Mind training part one 2 Identify growth & fixed mindset characteristics	Mind training part two 1 Understand the importance of challenging yourself	Mental Toughness part one 1 Understand what mental toughness is.
23 June	Mental Toughness part one 2 Identify strategies & techniques to be and feel mentally tough.	Assembly	Mental Toughness part two 1 Understand 'why' we need to be mentally tough in different situations.	RSE Day	Mental Toughness part two 2 Identify strategies and techniques to deal with different situations
30 June	Mental Toughness part three 1 Understand what we mean by mental fitness	SLD	Mental Toughness part three 2 Identify the physical and mental impact of technology on your health	Resilience part 1 Understand the meaning of Resilience	Safeguarding
7 July	Resilience part 2 Identify techniques and strategies to be more resilient	Assembly	Determination part 1 Understand what grit & determination mean. Why are they important?	How to get the most out of work experience 1	How to get the most out of work experience 2
14 July	Work experience				

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21 July	Determination part 2 Identify how we can build and show grit & determination	Assembly			
Spare lessons	Feelings part 1 Understand what we mean by feelings	Feeling part 2 Understanding the differences and links between feelings, emotions, belief, behaviours and mental health	Emotions part 1 week 1 Understand what emotions are and how they differ from our feelings	Emotions part 1 week 2 Identify strategies to regulate our emotions	Emotions part 2 week 1 Understand what emotional intelligence is.
	Emotions part 2 week 2 Understand how your emotions can affect others	Mental health 1 An introduction to mental health: what it is and who it affects	Mental health 2 Understand common myths and facts around mental health	Mental health 3 Identify the warning signs of poor mental health	Stigma Understand what stigma is