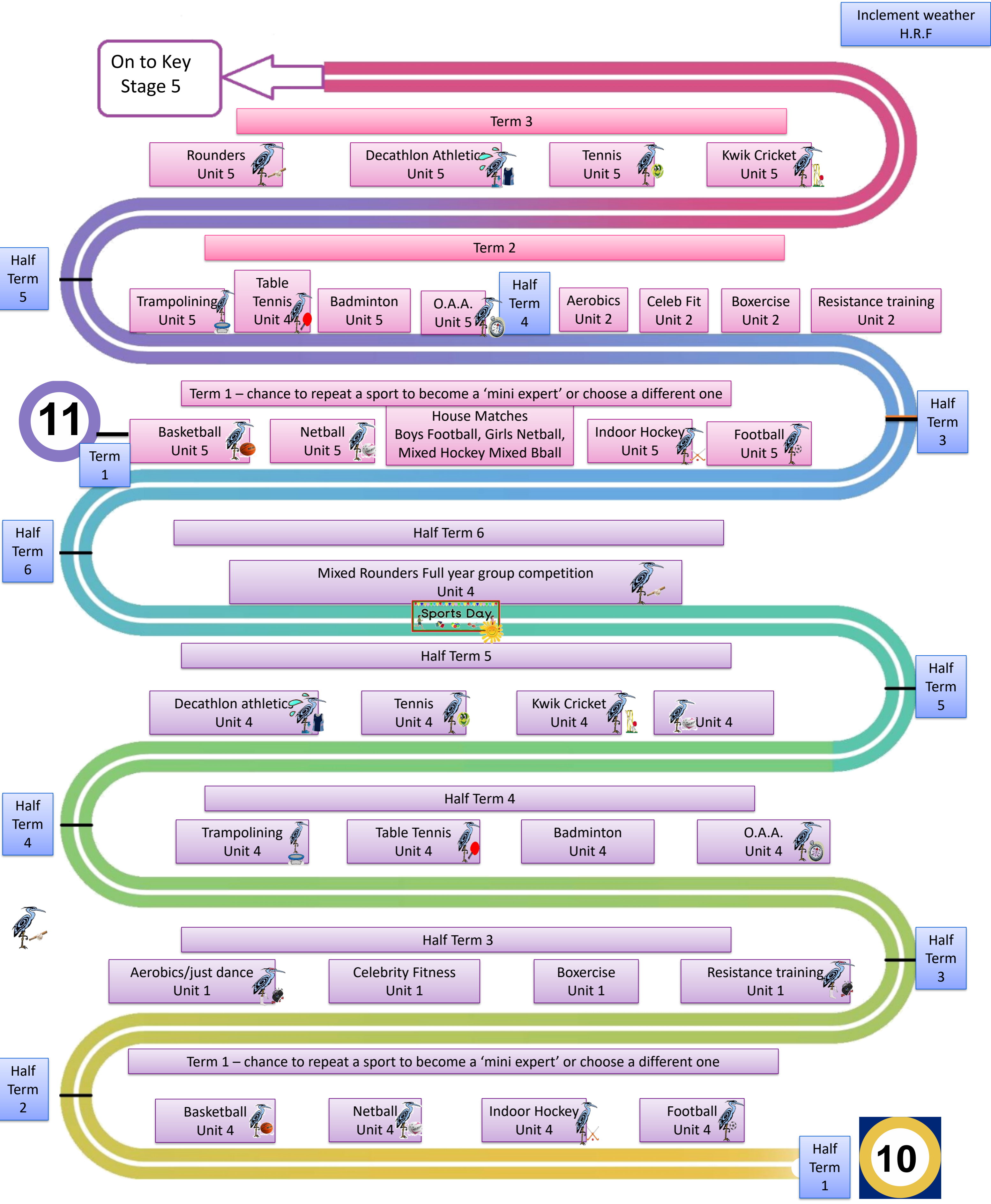


MHS KS 4 Physical Education Learning Journey

Your lessons in the PED in KS4 are taught on a 'loose choice' basis. This learning journey map will show you every experience you can expect to chose from throughout the PE curriculum. The Head of Department will give you four choices to pick from, you have to choose one of them, and you will study that sport for the half term. All lessons are mixed gender. All students will have 39weeks of CORE PE lessons in each year you study – all will be one single period (1 hour) per week in yr 10 with year 11 getting one 'double' period (2 hours) and one single per fortnight. This equates to 39 hours in year 10 and 58 hours of CORE PE in yr 11.

Inclement weather
H.R.F

On to Key Stage 5



10

11