



TALKING FUTURES

PARENTS' and CARERS' CAREERS INFORMATION Pots- Year 9 Options



Marshland High
School

Jan 2024

What you need to know

- Introduction to education and careers options – including GCSE and post 16 options and an overview of the support we offer to help you and your child make decisions
 - How you can help your child make decisions that are right for them
 - Where you can find further information and support and who to contact if you have questions
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EDUCATION AND CAREERS OPTIONS AN OVERVIEW



Think about your plans

No idea what you want to do after your GCSEs or what GCSEs to choose?

Don't worry, choose a mix of GCSE subjects to give yourself as many different options as possible.

If you like one of your GCSE subjects and are looking for ideas of what careers or courses it could lead to log into Unifrog and use the **Subject Library tool**.

Complete the **Personality Profile Quiz**, **Interests Profile Quiz** and **Work Environments Profile Quiz**. These will provide you with some options of careers to explore and the subjects you may need.

If you have an idea of a job or job sector you think might suit you then check out the **Careers Library Tool**

What we offer

- As part of our skills building program we aim to enable our students to develop the essential skills that employers want employees to have alongside their academic achievements.
- Initially introduced by tutor led activities and through Character and Culture throughout Key Stage 3. Skills continue to be built throughout Key Stage 4 through tutor led activities and super learning day activities. The students will be encouraged to work on developing these skills independently.
- We utilise the Careers Google Classroom to post independent tasks, as well as providing up to date information and links with supporting websites, webinars and work experience opportunities.



What we offer

Using Unifrog to explore your options

You should all have your log in to Unifrog. There are two ways you can use this to help you choose your GCSE options

Careers library

✓ Careers favourited

Go to tool >

Method 1

*I know the job
or industry I
want to work in
after school.*



Method 2

*I have no idea
what I want to
do after school!*



Interests profile

✓ Quiz last taken 23 Nov 21: A and E and S

Start >

- Unifrog believe that destinations - where students end up after school - is even more important than their academic performance. They partner with schools to support students to progress into the best opportunity for them.
- Unifrog do this by providing a one-stop-shop where students can explore their interests, then find and successfully choose their next steps at each transition.

What's next?

- Young people in England are required by law to stay in education or training until age 18.
- There are a range of options available including traineeships, apprenticeships, vocational qualifications, A-levels and the new T-level qualification
- There is a lot to consider when making this decision - here is an overview of the options and things to think about.

The infographic is a grid of 12 panels. The top row contains three panels: the first states 'Your next step will help shape your options at age 18 and beyond.' with an illustration of diverse young people; the second asks 'There are lots of options to choose from so think about these key questions to get you started...' and shows a signpost with 'OPTION ONE', 'OPTION TWO', and 'OPTION THREE'; the third lists five key questions in speech bubbles: 'Where do I want to go?', 'What's important to me?', 'What is an offer (locally)?', 'Where can I find out more about my options?', and 'Who can help me find out more?'. The middle row contains four panels: the first asks 'What does life at 18 look like?' with a person's head and question marks; the second is 'Working full-time' with an illustration of a classroom; the third is 'Studying full-time' with a person at a laptop; the fourth is 'Combination of work and study' with a person at a laptop and a graduation cap. The bottom row contains five panels: the first is 'some options 'go 16 to start exploring'' with a signpost; the second describes 'A T-LEVEL is a two-year course...' with an illustration of a head with tools; the third lists 'Examples of T-levels include digital design development and production or design, surveying and planning for construction.' with an illustration of a person at a computer; the fourth describes 'APPRENTICESHIPS combine practical training in a paid job with study so you can earn while you learn.' with an illustration of a person holding a stack of money; the fifth describes 'A-LEVELS are a two-year course, usually you pick three subjects to study, which are equivalent to one T-level.' with an illustration of books; and the final panel on the right lists 'Other options to consider include BTECs, traineeships and more.' with an illustration of icons for a graduation cap, laptop, and person.

Post 16 options – Year Plans

What we offer

Year 10

Continued use of Unifrog including opportunity to access the Careers Library, Subject Library and Webinars.

Tutor time Careers activities - see curriculum plan for content
Careers assemblies with guest speakers

A 1:1 careers guidance meeting with a qualified careers advisor

Post 16 provider visits
Assembly from Springwood High School and College of West Anglia.

Sixth form or college taster day. Experience life as a student studying post-16.

Mock interview day with employers and employees from local businesses.

Access to a careers fair to speak with employers and further education providers.

Super Learning Day including workshops on apprenticeships, CV writing, interview preparation and using labour market information as well as activities led by local companies that provide apprenticeships locally.

Work experience

Year 11

Continued use of Unifrog including opportunity to access the Careers Library, Subject Library and Webinars.

Tutor time Careers activities - see curriculum plan for content
Careers assemblies with guest speakers

Careers week live/virtual workshops delivered by NEACO.

Post 16 provider visits
Assembly from Springwood High School, College of West Anglia, Norfolk Pathways Apprenticeships and where possible a Independent Training Provider.

Completion of Post 16 applications

What we offer

What to expect from your careers appointment

- The aim of the careers appointment is to help you move forward. It is not to tell you what to do or do it for you! You can have more than one appointment if needed

Your appointment can help you with

- Exploring options available to you
 - Researching where to look for information and supporting decision making
 - Managing setbacks and strategies to move forward
 - Plan your career ideas and help you realise them
 - Decide on an action plan for you to work on with the support that is needed
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What we offer

To make the most of your careers appointment

- Write down what you want to discuss before you come to the interview, include any specific questions
 - Discuss your ideas with significant people around you – family, carers, friends
 - Make a list of things that you are really good at, think about both academic areas and skills, include things in and out of school
 - Use internet resources such as Unifrog, Skills Builder, UCAS or take the National Careers Quiz to discover your skills
 - Talk to your tutor or your subject teachers
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**CAREERS
DECISION-MAKING
HOW CAN YOU
HELP?**



How can you help?

As parents and carers, you will have the opportunity to support your child's decision making at several points in their education, and these decisions will impact their future career choices.

So how can you help them make decisions that are right for them?

- Talk regularly about careers, aspirations and interests as part of everyday conversation, not just at key decision-making points.
 - Share your experiences, the choices you made and your skills with your child, whether you currently are in work, you are a full-time parent, you are seeking work or you are retraining.
 - Encourage your child to be curious and work with them to research their options even if you don't know the answers yourself.
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OPTIONS AND CAREERS

FINDING FURTHER INFORMATION



Using Talking Futures

- Talking Futures has a range of resources to help you do further research and develop your careers conversations:
- Activities to try at home include:
 - Creating a family action plan to map out what you will do to explore the different options.
 - Supporting your child to complete a pathway planner to help them to consider all the decisions they need to make and who they need support from.
 - A conversation starter activity to prompt your discussions with your child.
- Resources and information including the films and more information on the routes available and external sites that can provide more detail.

www.talkingfutures.org.uk/parents/

Useful sites

- unifrog.org
- skillsbuilder.org/benchmark
- parentalguidance.org.uk
- icanbea....
- ucas.com/careers-advice
- nationalcareers.service.gov.uk
- apprenticeships.gov.uk
- tlevels.gov.uk

You can contact

- Mrs Whitehouse at Marshland High School
- Email

MHS-careers-leader@marshlandhigh.oc.uk